



1. Forehead Thermometer Operation Guidelines

The forehead thermometer work ambient temperature is between 5°C & 40°C & the relative humidity is less than 93%.

2. Preparation

Please make sure you move away hair, perspiration etc on the forehead before measuring the temperature

Make sure the measuring distance between forehead & thermometer is 1-5CM

3. Notes

Please don't take the body temperature if the patient is sweating or have done a cold compress, as this will lower the measuring result

Please measure the body temperature 3 times & be subject to the highest value

4. Body Mode vs Surface Mode

Not only can you measure body temperature, but you can also measure the temperature of surface, room, bath water, food & baby milk etc

When the device is on, short press the mode button to switch between body mode & surface mode. The LCD will display "body" for body mode & "surface" for surface mode.

Please note: Body mode is for body temperature & surface mode is for object surface temperature.



General Knowledge of Body Temperature

The human body temperature varies throughout the day. It can be influenced by numerous external factors such as age, sex, type & thickness of skin.

Below is the normal temperature according to age;

- 0-2 Years = 36.4 – 38.0°
- 3-10 Years = 36.1 – 37.8°
- 11-65 Years = 35.9 – 37.6°
- >65 Years = 35.8 – 37.5°

We can take temperatures of our forehead, ear, oral & auxillary to check our health conditions. Different temperatures will be for different body parts.

- Rectal = 36.6 – 38°
- Oral = 35.5 – 37.5°
- Auxillary = 34.7 – 37.3°
- Auricular = 35.8 – 38.0°
- Forehead = 34.7 – 37.8°

(Please use the above as a guideline only.)